



The Rochedale

SENTINEL

Tuesday 13 February 2007

Number 1

FROM THE PRINCIPAL'S DESK

Welcome to the 2007 school year. Our school enrolments on Staffing Day (Day 8) were 729 students. This is 37 students up on 2006 and 103 students up on our lowest enrolment in 2004. As a result, I think it is fair to say that the efforts of staff, students and community members, over the last few years have re-established Rochedale High as the local State High School of choice. I expect enrolments to stabilize in 2008 at around 750 students allowing us to maintain our smaller school community 'feel' and our quality relationships with students and community.

This increase in students brings with it an increase in staff. As such, it is my pleasure to welcome to the school the following staff:

Ms Sharon Van Jaarsveldt (Home Economics); Ms Kelli Hutton (Social Science/ADC); Ms Vicki Kindermann (English/Social Science/Art); Ms Gail Wissemann (Maths); Ms Nicola Frost (English/Social Science); Ms Shahra Daly (Maths/Science).

Year 12 Performance 2006:

Our year 12s performed well again in 2006 in both the academic and vocational areas. Outstanding highlights were:

OP1 Vedkrita Sharma
OP2 Richard Li, Shirley Zhang
OP3 Lauren Nolan, Mark Huang
OP5 Amy Falwasser, Thomas Lilly

In addition, Brendan Doughan received a \$2000 bursary as part of his Australian Vocational Education Award through the Federal Minister for Education, Science & Training.

These and other 2006 year 12 achievers will be honoured at our annual Year 12 Recognition Parade on Friday 23 February.

Australia Day Awards

On Thursday 25 January, it was my privilege to attend the Australia Day Awards Ceremony for Education Queensland. At these Awards, two of our staff Mr Peter Sparks (Head of Department – Science and HPE) and Ms Debra James (Head of Department – English and Student Learning Support) were acknowledged for their dedication and service to Education receiving Australia Day Medallions. My congratulations to these two fine educationists for their outstanding contribution to students and the educative process over an extended period of time.



Receive Sentinel by email



If you wish to receive your newsletter by email, please complete this section and return it to the school office. Alternatively, send your details to our email address – postr2@eq.edu.au

Name of youngest student at school: _____ Year Level: _____

Your name _____

Your email address _____

(please print clearly)

Sentinel is emailed in PDF format and needs Acrobat Reader which can be downloaded FREE at www.adobe.com

International Student Program

The school's international reputation continues to strengthen. At this time our school welcomes 24 international students for 2007 from a wide range of countries including China, Japan, South Korea, Italy, Germany, Chile and Brazil. These students are fully integrated into our school community and live with local Homestay families. Their time with us varies from 3 months to 4 years. If you are interested in being involved in the program, please contact Ms Carmel Boland on 3340 0421.

Priorities 2007

Each year our school sets a range of improvement priorities and targets. In 2007, these include:

- Implementation of our revised year 9 curriculum that provides students with increased opportunities to expand upon their existing skill base.
- Finalization of year 10 as a transition and preparation year for senior studies. This program will be implemented in 2008.
- Enhancement of student leadership opportunities through implementation of a revised Student Representative Council governance structure.
- Implementation of our Student Personal Development Program with a focus on values across years 8-12 and pro-active work in the area of self image, decision making and social interaction.
- Enhancement of our student preparation program for the Queensland Core Skills Test through a partnership with the education consultancy group Mighty Minds.
- Expansion of our Vocational Education programs in partnerships with Metropolitan South Institute of TAFE and the Trade and Technical Skills Institute.

I will keep you updated on these initiatives as they unfold throughout 2007.

School Registrar

Last Friday was a sad day for our school community when we lost the services of our Registrar, Ms Coleen Boundy. Ms Boundy has been at the school for some 7 years managing our finances and support staff. Her dedication was best displayed by her efforts in getting the school admin staff operational after the fire of Christmas 2001. She has spent endless hours with parents and students supporting them and assisting them to meet their financial commitments. Whilst we will miss her greatly, we wish her well in her new position at Beenleigh State High School. Ms Jenny Townshend from Boronia Heights State School will fill our Registrar's position on Monday 19 February. Ms Townshend brings with her a wealth of experience from her roles in primary schools, secondary schools and central office.

David McDonald
Principal

YEAR CO-ORDINATORS AND ADMINISTRATORS 2007

Our Year Co-ordinators for 2007 are below. If you have any concerns contact the relevant Year Co-ordinator or Administrator.

Year Co-ordinators	Administrator
Year 8 Lance Eggert Roanna Llewellyn	Peter Peisker
Year 9 David Crase Annie Moritz	Kerry Baumanis
Year 10 Brad Forster Lyn Bernhagen	Peter Peisker
Year 11 Allen Bennett Sarah Vote	Kerry Baumanis
Year 12 Jeff Broadway Michelle Smith-Rowan	David McDonald

SCHOOL PHOTOS

School photographs will be taken on Monday the 26th February. Students must be in full day uniform for their photographs. Prior to the 26th February, each student in the school will receive an envelope on which they write their name and the details of their photograph order. This envelope, with the correct money for the order, is handed to the photographers when the photographs are taken. The school does not collect the envelopes before that day. If students forget their envelopes on the day, there will be arrangements made for late orders.

Year 8, 9 and 11 students will have individual and Care Group photographs taken, while Years 10 and 12 will have individual, Care group and whole of year level photographs taken. Please contact Mrs Baumanis, the Deputy Principal, on 33400 400 should you have any questions or concerns.

TECHNOLOGY FACULTY NEWS

ALL Year 9 to 12 students studying subjects within the Technology Faculty have been given a Student Commitment Agreement (Pink Sheet), which sets out the expectations of students studying within the Manual Arts and Home Economics classes. Parents are asked to read this commitment carefully and return it signed by end of Week 3, Friday, February 16. The form is to be returned to the student's class teacher.

Any student who has not brought back the agreement signed by the due date, will be followed up by a phone call home.

Should you have any questions regarding this matter, please contact Mrs Moore HOD Senior Schooling on 33400 400.

SENIOR SCHOOLING NEWS

It is pleasing to see that from very early in the year, our senior students are organizing themselves to access the opportunities open to them via the many providers in our local community. Our students have signed up for a range of school based traineeships and apprenticeships, while others start at the various campuses of Metropolitan South Institute of TAFE this week. Others are also investigating work experience opportunities in the local area.

Students, parents and carers are reminded that there are many opportunities offered by Rochedale State High School to cater for the different pathways sought by our students.

Any enquiries regarding opportunities for our senior students should be directed to Mrs Moore on 33400400.

LOTE LEARNING IS FOR LIFE

Why should my child learn a second language?

Learning a LOTE is intellectually challenging. It can give your child:

- increased problem-solving skills by developing highly flexible and creative thought patterns
- improved knowledge of English language structure and usage
- important study skills which can improve performance across all other subjects
- insight into another culture and sensitivity towards its peoples
- a very marketable skill which can expand career options

How will learning a LOTE benefit Australia?

The development of a multilingual perspective in educational, cultural, economic and diplomatic negotiations in all parts of the world is essential to the future strength of Australia. International awareness and flexibility will be greatly assisted by an emphasis being placed on LOTE Learning.

Why Learn French?

- French is the living and working language of over 300 million of the world's people
- French is the official language of the United Nations
- Industrial and trade ties between France and Australia are very strong. Some Australian Companies that operate in France are: Brambles, TNT, Airship Industries and Rip Curl
French Companies operating in Australia include: Alcatel, Club Med and Accor Hotels

Why learn Chinese?

- More than one billion of the world's people are Chinese speakers, which makes it the most widely spoken language in the world
- Modern Standard Chinese (Mandarin) is an official language of the United Nations.
- At present China is one of the fastest growing economies in the world.
- At present, the Greater China Region is one of Australia's largest export destinations, and represents a market of ever increasing potential.
- Chinese business people and tourists are visiting Australia in growing number.
- People with skills in Modern Standard Chinese and an understanding of Chinese culture are already in great demand. The future is bright for those who also have a qualification in economics, engineering, architecture or international and company law. This demand is growing each year as Australia's economic growth becomes increasingly involved with the fast growing economies of Asia.
- Many Australian firms are already well established in China – BHP, Cadbury Schweppes Australia Ltd; Star TV and News Corp; Pacific Dunlop; the legal firm Minter, Morris, Ellison and Fletcher; Pauls Milk; AMP and ANZ, to name a few.

Benzene alanine 2007 a Rochedale SHS. This year promises to be an interesting year. Our new Yr 8's will enjoy studying a completely new program including topics such as Wild Animals, The Environment and Me, Sport a Food. The Yr 10's also have a new program which has been designed to give them all the basics they need for Yr 11 & 12. I hope that it will be a rewarding year for all those involved.

A competition especially for the Yr 8's only. The first person to answer the following questions correctly and bring the answers to Madame Du Thaler will be rewarded with a prize.

1. How tall is the Eiffel Tower?
2. How long has Mme Du Thaler been at RSHS?
3. When is Bastille Day?
4. What colours are on the French flag?
5. What is the Louvre?

**Amités
Madame Du Thaler**

Ni men hao Xin nian Kuai le

Hello and Happy Chinese New Year 2007
Year of the Pig

A busy start to the year with Year 8's participating and enjoying studying Chinese New Year activities. Yr 9 is studying a unit on Me and My Family. Yr 10's are studying a unit on Weather. Yr 11 & 12's are studying Climate and Tourism.

Competition for Year 8 students

The first year 8 student who successfully answers these following questions will win a prize. See Lehman Laoshi with the answers.

1. Name the longest River in China?
2. How to say China in Chinese/
3. What is the flag of China?
4. What animal sign are you born in?

5. What do Panda's eat?
6. How do you say Panda in Chinese?

**Zai jian
Lehmann Laoshi**

FROM THE SUPPORT SERVICES TEAM

LEARNING TO JUGGLE

The start of the school year is an extra busy time for parents, teachers and students. It is sometimes difficult for parents to keep all the plates spinning so to speak especially if you have a number of children and some of them are adolescents. Setting rules, timetables and discussing expectations can be a way for everyone in the house to agree and understand what is expected. The following information is to assist you in the art of juggling.

Andrew Fuller, in his book Raising Real People identifies 12 things parents can do to promote resilience in their young people.

1. Try to promote a sense of family life in which people feel that they belong to the family and that their thoughts, tastes and opinions are listened to (if not always agreed with).
 2. Have positive expectations for your children.
 3. Provide them with opportunities for meaningful participation by giving them age-appropriate responsibilities.
 4. Select a school that you believe they can fit into, and where they can gain a sense of competence.
 5. Protect children from feeling that they have to grow up too quickly, by maintaining family rules.
 6. Try to keep their friendship groups as diverse as possible to ensure that they have at least one group of friends outside school.
 7. Encourage them to belong to at least one club, sporting group or one interest group.
 8. If they have a fairly small group of friends, gently provide them with opportunities to mix with the most positive of these friends.
 9. If possible, link them up with a caring and trustworthy adult from outside the family.
 10. Maintain family celebrations, anniversaries, annual birthday parties and rituals.
 11. Try to encourage a sense of a curiosity and spontaneity about life.
 12. Most importantly, nourish your own resilience and well-being so that you can show them how to live life.
- (Raising Real People: Andrew Fuller 2000)

If you would like more information or need to discuss any of this please make contact at school.

STUDENT SUPPORT SERVICES TEAM (SSST)

Student Services seeks to provide an integrated service committed to supporting the students emotionally, physically and spiritually.

The SSST is available to provide a comprehensive support and development service for students, families, staff and the community. The SSST comprises Guidance Counsellor – Ms Corinne Neilsen, Youth Health Nurse – Ms Colleen Hunter, Chaplain – Mr Scott Weston, School Development Officer/International Students – Ms Carmel Boland, Behaviour Support Teacher – Ms Chris Parker, Youth Worker – Mr Rishi Jagunundan (Relationships Australia) and Career Keys Youth Advisor – Ms Jodi Stojanovic.

SSST looks forward to the year ahead, and assisting your student.

**Corinne Neilsen
Guidance Counsellor**

FAMILY RELATIONSHIP ADVICE LINE

The Australian Government has established the Family Relationship Advice Line and Family Relationships Online to assist people affected by family relationship or separation issues.

The new Family Relationship Advice Line provides free information, advice and referral:

- **Information** – to help maintain healthy relationships or deal with family separation issues including information about the family law system and changes to the law.
- **Advice** – to help develop and manage parenting arrangements after family separation including advice on resolving disputes without going to court.
- **Referrals** – to local, state and national services that can provide specialist help with relationship and family separation issues.

Call the Family Relationship Advice Line on 1800 050 321 between 8 am and 8 pm Monday to Friday or 10 am and 4 pm on Saturdays (except on national public holidays).

Family Relationships Online provides access to a wide range of information about family relationships and family separation. The site also contains information about services available to assist families with relationship or separation issues.

Visit Family Relationships Online at
www.familyrelationships.gov.au

TIME FOR GRANDPARENTS PROGRAM

Free school holiday, weekend and after school activities are now available in Queensland for children who are being raised by their grandparents.

In recognition of the importance of supporting families where children are being raised by their grandparents, Seniors Enquiry Line in partnership with the Queensland Government and key service providers are trialling the "Time for Grandparents Program". This program funded by the Department of Communities is designed to provide the children of these families with fun and interesting activities and give grandparents the opportunity to have some well earned time out. Alternatively, grandparents may also enjoy attending these activities with their children. Combined grandparent and grandchildren camps are also available.

Grandparents who are the primary carers and not receiving foster or relative carer payments are eligible to access the Time for Grandparents Program.

For bookings and enquiries please contact Seniors Enquiry Line 1300 135 500 between 9.00 am and 5.00 pm.

SCHOLARSHIPS

Are any of your students enrolled in a Commonwealth-supported place at Uni and experiencing financial hardship?

The following scholarships are now open for application:

- Group of Eight Scholarships (Go8)
- UQ Excellence Scholarships
- Commonwealth Education Costs Scholarships (CECS)
- Commonwealth Accommodation Scholarships (CAS)
- UQ-Link Residential Support Scholarships

For more information and to download the 2007 Application Form:

<http://www.uq.edu.au/myadvisor/scholarships-for-undergraduate-domestic-students>

Closing date: Wednesday 14 February 2007

YOUTH CREW WANTED FOR TALL SHIP YOUNG ENDEAVOUR

Young Australians aged 16-23 can now apply to sail the tall ship *Young Endeavour* for a youth training program in 2007. Voyages are for 11-days with departures from Townsville, Cairns, Airlie Beach, Bundaberg, Brisbane, Southport, Newcastle, Hobart, Devonport, Adelaide, Port Lincoln and Sydney, available from June – October 2007. Participants

do not require any sailing experience.

Over the course of a voyage, 24 youth crew learn from a professional Royal Australian Navy crew all aspects of sailing a 44-metre, square-rigged tall ship on the open sea including climbing the 30 m mast, setting sails, navigating, keeping watch and taking the helm.

A voyage on the *Young Endeavour* develops skills in teamwork, communication, leadership and motivation while getting the opportunity to explore wilderness regions and remote coastlines.

Applicants need to be Australian citizens or permanent residents, aged 16 – 23 on the day of departure of the voyage, able to swim 50 metres and be in good health. Youth Crew members are selected via a ballot.

TO APPLY: Applicants can apply for voyages online at www.youngendeavour.gov.au or by phoning 1800 020 444. Selection is via a ballot. Applications close 1 April 2007.

11 day voyages cost \$1,495 with financial assistance available to low-income applicants – conditions apply. Travel assistance is available to residents of WA and NT.

The Young Endeavour Youth Scheme is funded by the Australian Government and the Royal Australian Navy and supported by Corporate and Community organisations, who sponsor voyages for young people in their community or organisation. Please contact the Scheme on 1800 020 444 if you are interested in sponsoring a youth participant.

The Young Endeavour was a gift from the UK to the people of Australia to mark the Bicentenary in 1988 and is operated by specially trained Royal Australian Navy crew. More than 8,500 young Australians have taken part in the youth training program since the *Young Endeavour's* maiden voyage to Australia in 1988.

Phone 1800 020 444 for details or visit www.youngendeavour.gov.au

FROM THE CHAPLAIN

Hello, for those of you who don't know me, my name is Scott Weston and I am the Chaplain at Rochedale State High School. My office is located in the Admin building and is accessible for students, staff and parents/caregivers.

The Chaplaincy service runs programs in the school and liaises with local organizations and churches to come in and offer student activities. Due to the new government rules I am required to let you know of programs that I run in the school. Any program that has a non-religious content does not need signed parental permission. Programs that have a religious content need signed parental permission. Any programs that have a religious content I will send a permission form home explaining the program for your permission if your teenager wants to attend.

On Wednesday at 8.00 am I run a 'Breakfast Club' in the Home Economics building. The P&C fund the program and the Chaplaincy service runs it. We offer toast with vegemite or jam and fruit juice. This is open for all students, especially those who don't eat breakfast.

On Thursday I run a games room for students at lunchtime. This is held in the Resource Centre starting at 1.05pm. Volunteers from local youth groups come and play games with the students. This is open for all students to attend. The air-conditioning is very nice during summer.

Both of these programs will start week four and will continue throughout the year.

Gideons International come into the school and hand out Bibles to year 8 students. It is up to the students if they want to receive one. If you do not want your teenager to receive a bible, then please ask them not to take one.

Radio station 96.5fm Cool Choices program come into the school and speak to our year 11 students. Shaun Hart from the Brisbane Lions or Brad Thorn from the Brisbane Broncos are the presenters. They talk about making choices in life and speak of their experiences. They are in the school on Wednesday the 7th March.

The Chaplaincy service needs your help. The Chaplaincy service relies on support from local churches and other community organizations to exist. My wages are sought through fundraising and the generous support from the community. Currently I am employed five days a week, but due to funding loss the service could go back to four or even three days a week.

If you feel that you can help then please complete the attached donation form and return to the school office. All donations \$2 and over to Rochedale High Chaplaincy Service are tax deductible. If 100 families would support \$10 each a month, that would see us through.

Thank you for your support.

**God Bless
Scott Weston
Chaplain**

HEALTH MATTERS

Welcome back to the commencement of a New Year. For new members of the school community, and for those not familiar with my role, I am Colleen Hunter, your School Based Youth Health Nurse (SBYHN). My role involves addressing concerns or problems about health and well being, creating a health promoting school environment and connecting people to other support services inside and outside the school.

I am a registered nurse employed by Queensland Health and am based in the school 5 days a fortnight, so staff, parents and students can access me easily and confidentially. As part of my role I am available to:

- Provide individual consultation
- Act as resource person
- Work with small groups on health issues
- Organise and support health promotion
- Involvement in classroom activities with relation to health issues

Some of the issues that I deal with include:

- Health concerns
- Relationships
- Personal and Family Problems
- Smoking, Alcohol, other drug use/misuse
- Sexual Health
- Healthy skin
- Feeling unhappy or stressed
- Mental Health
- Healthy eating, exercise, weight or eating problems
- Anything that affects health and well being

Please feel free to contact me if you require more information, I will be at Rochedale on Tuesday and Friday and every 2nd Wednesday. Ext: 404

**Colleen Hunter
Youth Health Nurse**

COMMUNITY NEWS

HELP WANTED FOR CAR POOLING FOR A STUDENT

Parents of one of our students looking for assistance in sharing the cost and time of driving to/from Rochedale State High School, from/to the Meadowbrook Area (Loganlea Road).

Contact Martin Andrew on 0417 819 012.

FITNESS AND DANCE STUDIO

Learn modern dance moves to the latest music

- Jazz dance classes, from 3 yrs to Adults
- Only Pay on classes attended
- FREE CD on enrolment
- Improves skill development
- Beginner & Advance levels
- Performance opportunities for all
- Great way to make new friends

**Classes held:
Chatswood Hills State School
Mondays**

**St Catherine's Primary School Wishart on
Thursdays**

FURTHER ENQUIRIES AND BOOKINGS PH 3800 4607

217 (SHIRE OF REDLAND) SQUADRON AUSTRALIAN AIR FORCE CADETS

NOW RECRUITING

The Australian Air Force Cadets have commenced Recruiting for their first intake for 2007 and are looking for young men and women aged between 13 and 17 years of age to join up NOW!

Are you interested in pursuing a career in the Defence Forces or plan on joining the Air Force? Are you interested in learning to fly, parachute or go gliding? Do you want to go on camps on RAAF Bases, learn more, see more than any other Cadet service?

The Air Force Cadets parade every Monday night of the school term from 6.30pm till 9.30pm at the Cleveland District State High School, Smith Street entrance - just follow the signs.

For more details on Air Force Cadets and how you can join, contact the Squadron's Headquarters on 3286 9777 or the Squadron's Commanding Officer on 0422 297 269.

R.S.H.S. CHAPLAINCY SUPPORT

Request for Direct Debit

I/We request you, Scripture Union Queensland (ID 057485), to arrange for funds to be debited from my/our nominated account at the financial institution shown below according to the schedule specified below.

Name/s:

Address:

Pcode : Phone :

Details of Financial Institution and Account

Name of Institution:

Name of Branch:

Name of Account:

BSB No : ___ - ___ Account No : _____

Details of Amount and Frequency

Commencing [immediately / on __/__/__] (delete one)

please debit \$..... from the above account each :

Month Quarter Half Year Year Other:

Please allocate my/our support to: ROCHEDALE STATE HIGH SCHOOL

I/we require my/our support to be Tax Deductible.

Please only acknowledge my/our regular donations annually.

Signature(s).....

(If debiting from a joint bank account, both signatures are required)

Date: __/__/__

A Direct Debit Agreement will be sent to you prior to the first drawing, being the 3rd Thursday of the month.

R.S.H.S. CHAPLAINCY SUPPORT

Request for Credit Card Deduction- Donations

I request you, Scripture Union Queensland, to arrange for funds to be debited from my nominated credit card account according to the schedule specified below.

Name:

Address:

Pcode:..... Phone:

Details of Credit Card

Type of Credit Card:

MasterCard Bankcard Visa Diners Club American Express

Name on Card:

Credit Card No: _____ Expiry Date : __/__/__

Details of Amount and Frequency

Please debit \$..... from the above credit card :

Once only Monthly Quarterly Half Yearly Annually Other :

Please allocate my donations to :

ROCHEDALE STATE HIGH SCHOOL

I require my support to be Tax Deductible.

Please only acknowledge my regular donations annually.

Please make receipt in the name of:

Signature:..... Date : __/__/__