



The Rochedale

SENTINEL

Tuesday 31 March 2008

Number 4

FROM THE PRINCIPAL'S DESK

This is the last Newsletter before the Easter break and it highlights a number of important events that complete the term. **The interim reports** have been compiled and posted and I hope that the new 'parent friendly' format makes the feedback both informative and meaningful. **Parent/teacher interviews**, from 3.30 pm – 7.00 pm on 7 April 2009 are meant to be an opportunity for teachers, parents and caregivers to build a productive partnership to better support students in their education.

The next fortnight is a period of heavy assessment, particularly in the Senior School. It is a time when students who have committed to their studies will be rewarded and I hope all students will reflect on their successes and plan for the rest of the Semester.

Our school Vision Statement of "**Performers for every stage, expressing talents in every field**" is underpinned by our values of Success, Integrity, Participation, Openness and Equality. When reviewing the interim reports, one point is very evident, students who have attained the most pleasing results are often those who participated fully in the educational, cultural, and sporting life of the school.

During the term over 400 students have given their own time to Interschool sporting teams, the Agricultural Show Team, the School Musical, the Combined Concert Band, and the School Aerobics or Chess teams. The benefits that flow from participation in the areas of health, friendships and belonging are significant.

We have recently completed two significant facilities initiatives. The new computer purchases have arrived and by the beginning of next term the school will boast **nine fully equipped computer labs**, two in Communications, two in Business and one each in Maths, Science, Performing Arts, Industrial Technology and the International Studies room.

Our **School Development Budget** is ready for launch this week and will result in improved facilities and resources in Agriculture, Art, Music, Graphics, Early Childhood Practices, English, Maths, Science, LOTE, Information Technologies, Performing Arts, Physical Education and Sport.

Last week we were visited by both the Federal Member for Bonner, Ms Kerry Rea, and the Federal Member for Rankin, Mr Craig Emerson, who presented the cheque for our new Trade Centre.

The **Executive Director of Schools** Brisbane South, Ms Paula Anderson, also visited as part of Education Queensland review process. All three visitors commented on the energy of the students, staff and administration and the positive feeling within the school. Our challenge is to continue this into Term 2 and build upon the significant achievements of Term 1.

Over the last fortnight I also had very productive meetings with Councillors Adrian Schrunner, Brisbane City Council and Lisa Bradley, Logan City Council discussing topics that included road safety outside the school and at the round-a-bout near Redeemer College, the state of safety fences in the school bus area and the possibility of seating in the parent drop off zone (an initiative of the Student Council). We look forward to working with both Councils to improve student safety and comfort.

By the time the next newsletter is posted I hope to be able to report that the new Uniform Shop has been completed, the Science re-development is well under way and that the Trade Centre plans have been completed and let out for tender.

I wish the Senior Students all the best in their upcoming exams and hope all families, students and staff have a happy and safe Easter break.

Peter Peisker
A/Principal

P & C NEWS

Thank you to all those who attended the AGM on 21 March. We would like to advise that the P&C Committee for 2009 comprises of:

President:	Deborah Hartwell
Treasurer:	Leanne Mulheran
Bookkeeper:	Barbara Spink
Secretary:	currently remains vacant.

Receive Sentinel by email



If you wish to receive your newsletter by email, please complete this section and return it to the school office. Alternatively, send your details to our email address – postr2@eq.edu.au

Name of youngest student at school: _____ Year Level: _____

Your name _____

Your email address _____

(please print clearly)

Sentinel is emailed in PDF format and needs Acrobat Reader which can be downloaded FREE at www.adobe.com

The year has started positively with the endorsement by the Committee for the construction of a new Uniform Shop, which hopefully will be completed by the commencement of Term 2.

As we are all aware the cost of living has increased substantially over the past couple of years and the situation is no different for the P&C. Over the past three years the P&C has absorbed the increasing costs, however, we advise that we can no longer continue in this vein and we've had to introduce a small price increase to the items in the School Tuckshop. Please note that the P&C remains committed to the Healthy Choices Program and will continue to provide the students with healthy options at very reasonable prices. A new Price List has been included with this Newsletter and prices will be effective from the commencement of Term 2.

The next Monthly Meeting of the P&C will be held on Tuesday 21 April in the Staff Common Room commencing at 7.00pm. Your input and discussion on various topics is most welcome and appreciated. If you would like to assist by way of volunteering to undertake the Secretary role, please advise the School accordingly or alternatively, we look forward to meeting you at the next meeting.

UNIFORM MATTERS

There are two aspects of our uniform policy that we wish to bring to the attention of students, parents and caregivers.

Our footwear guidelines state that when wearing the dress uniform, shoes need to be plain black leather/vinyl lace up shoe with a plain white sports sock. Open top ballet style shoes, black shoes with white stripes, patterns or white soles as well as gym boots, canvas shoes or high top basketball shoes are not acceptable.

As the weather gets cooler students are reminded that they can only wear a Senior Jersey (Yr 11/12), the school Taslon jacket or the School polo style jumper. Taslon track pants can be worn with the sports top and polo jumper but not with the dress uniform top.

NEW LOCATION OF THE UNIFORM SHOP

Due to the continuing growth of the school population, the present Uniform Shop is no longer large enough to hold the stock and have adequate room for the staff. This Friday the construction of a new, much larger room will begin on the western side of the Maths block locker room. There will be no change to the uniform shop hours but hopefully the larger room, with extended stock racks and dual changing rooms will provide extra comfort and improved service for students and Marlene.

2009 IMMUNISATION DATES

Immunisations will be given to those students in Years 8 and 10 who have returned completed permission forms on the following dates:

Year 8

Chicken Pox	Tuesday	9/06/2009	1.45pm
HPV Dose 2	Tuesday	9/06/2009	1.45pm
Hepatitis B, Dose 2	Tuesday	20/10/2009	1.45pm
HPV, Dose 3	Tuesday	20/10/2009	1.45pm

Year 10

Boostrix (Adult Diphtheria, Tetanus and Whooping Cough)	Tuesday	21/07/2009	9.00am
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Please contact the office on 33400 400, if you have any questions.

SPORT NEWS



Rochedale had its annual Cross-Country Carnival on 26 March 2009. It was a very successful day with each age group running with their respective year level. We would like to thank Mr Cash and Mr Kingi and all staff and senior leaders who helped tremendously throughout the day. The greater participation rate from all year levels brought forth a number of positives which included fantastic comments from teachers and students, close scores between all houses and a solid school team to represent Rochedale at the South District Cross-Country Carnival.

The District Cross-Country will be held next term on 30 April at Redeemer Stoltz Oval. We look forward to the Rochedale High Cross-Country team representing us with the top 6 runners in each age group.

As previously mentioned one of the positives came in the team spirit of each house on the day which saw another close battle for points. A mere thirty-nine points difference was seen between first place and third. Jagara placed third with 320 points, while second place went to Yugumbeh on 359 points and this years Cross-Country Champions goes to Turrbal with a grand total of 398 points.

CROSS-COUNTRY RESULTS

2009

Turrbal	398
Yugumbeh	359
Jagara	320

Congratulations to the following girl and boy age champions -

Open – Dorothea Weinschenck, Jacob Weir
16 years – Shannon Smit, Arron McBryde
15 years – Carly Walsh, Tom Bricknell
14 years – Madison James, Ashley James
13 years – Tegan Miskle, Jacob Mitchell

The course was approximately 3.5km. The fastest boy runner of the day went to Jacob Weir completing the course in thirteen minutes and two seconds, while the fastest girl on the day was Shannon Smit with sixteen minutes and fourteen seconds.

CONGRATULATIONS TO JEMMA HAPUKU

Jemma has been selected to compete in the Qld State Titles for Dragon Boating to be held at Kawana Waters.

She has also been selected to paddle for the Qld Junior Team to compete at the 2009 National Competition 22-26 April.

QUEENSLAND CORE SKILLS TEST (QCS TEST) 2009

This year's QCS test is on **Tuesday 1 September and Wednesday 2 September**. All year 12 students have begun our QCS preparation program and have already completed a full day workshop on Monday March 2 with Mighty Minds. On this day, students sat for a past QCS Writing task (paper1) and will shortly be receiving their detailed and individualised feedback.

Other sessions with Mighty Minds and class teachers will be provided throughout Terms 2 and 3. Next week students will be receiving a letter that outlines the importance of the QCS for those students wishing to enter Tertiary institutions. It also explains the procedure for students who have already decided that they do not wish to sit for the QCS test in September.

Students who opt not to continue with the preparation program, will undertake a Transitions program that will focus on preparing the students for the workforce. Our Local Community Partnership (SCIPS) will be assisting with this program.

More information will be forthcoming in the months ahead.

QCS SPECIAL CONSIDERATION 2009.

Students wishing to apply for Special Consideration for the QCS test are to see Mrs Moore or Mrs Neilsen as soon as possible for information and the application forms. **Final date for applications is Thursday 21 May.**

Mrs Chris Moore
HOD Senior Schooling

SENIOR SCHOOLING

Parents' responsibilities through school-based apprenticeships and traineeships (SATs)

Family support is vital to ensure young people succeed at balancing the school, work and training involved in a school-based apprenticeship or traineeship (SAT).

SATs allow students to work for an employer and train towards a recognised qualification, while they are still at school. They are a great way for young people to explore their career options and develop skills and confidence in their areas of interest.

Parents have an important role to play in enabling young people to successfully make the transition from students to employee.

Legislation requires that school-based apprentices and trainees aged under 18, and who are under the care and control of a parent or legal guardian at the date of signing their training contract, must include a parent or guardian's details and signature on the contract.

In cases where the parent or guardian is a party to the training contract, the parent/guardian must ensure that the school-based apprentice or trainee upholds all of the responsibilities attached to the contract.

How parents can help

- Talk with your child about their career goals and the apprenticeship or traineeship which will best support these goals.
- Seek support through their school to discuss how a SAT may assist with QCE points, gain TAFE credits and underpin tertiary study.

- Develop strategies to balance the additional workload of school, work and training.
- Consider and discuss transportation – how will your child get to his or her workplace?
- Discuss the responsibilities involved in being a paid member of the workforce.
- Talk to your child about their day at work and discuss how school subjects relate to their job.
- Encourage your child to talk about issues they may be facing during their SAT and devise possible solutions.

For more information, contact Mrs Moore (HOD Senior Schooling) on 33400 400; visit www.apprenticeshipsinfo.qld.gov.au or phone the Apprenticeships Info hotline on 1800 210 210.

KOKUREN STUDY TOUR



Rochedale State High School is presently hosting a Study Tour from Japan for a week.

The Japanese Advisory Service and Rochedale SHS have a longstanding friendship and many students have benefited from the interchange of cultures over the last 5 years.

Many families from the wider community as well as families from school homestay these students, developing some wonderful friendships and overcoming the language barrier.

Our students are always amazed at how well they are able to converse with their assigned buddies with signing, miming and limited English.

The Japanese coordinators have praised our students for their friendliness and how welcome they have made the visitors. Japanese students will participate in sports, dance and practical lessons as well as up to 4 periods each day of intensive English lessons.

A Sayonara Party will be held on Friday night before their return home. This always provides a fun time for all amid much laughter and enjoyment as the visitors serenade the audience with 'Waltzing Matilda'.

Many thanks to all who have contributed to the success of the program and we hope to welcome Kokuren back next year.

INTERNATIONAL PROGRAM 2009 MEET THE STUDENTS

For many years it has become part of everyday schooling, that all students from grades 8 to 12 welcome international students into their class rooms and friendship groups. It is the aim of these international students, to immerse themselves into the Australian 'way of life' while gaining an English speaking education. Many of these students are in Australia from 3 months to 5 years.

Johanna Kuske, a year 11, German student arrived on 21 January 2009, and is due to leave on 18 April 2009, she claims that the three months is too short.

Johanna is from Hannover in Germany. Below she answers several questions about her stay in Australia.



Why are you in Australia? To discover far, far away, meet new people.

What is the best thing about Australia? The weather, the possibilities and Heath Ledger.

What is hardest about living away from home? Missing the things my friends from home are doing.

What do you miss the most about home? My dog, my life without so many rules.

What is your favourite thing to do on the weekend or holidays? Going somewhere I haven't been before.

Do you intend to stay in Australia or come back to visit one day? I'd love to come back as a backpacker after school.

Do you enjoy learning English? Why? It sounds so nice and the feeling of speaking in a foreign language to someone who understands, is awesome!

**Written by Brianna Milne
Student Management Team
International Student Liaison**

THE ARTS NEWS

Ms Taschke, Ms Broome, Mr Pearson and ten students had the pleasure of seeing "Chicago" at the Lyric Theatre. The group went to the night performance on Tuesday 24 March and had a fabulous time. They commented on how well the band interacted with the actors on stage as well as the amazing dancers and singers.

The Arts Department is committed to providing opportunities for students to watch and enjoy performances as part of their school experience. Senior students will be receiving a letter about future performances in their classes over the next week. We have also made a group booking for "Cats" in July and students can approach teachers to find out more information. **Cats** is quite simply a phenomenon. With magnificent music composed by the legendary **Andrew Lloyd Webber**, including the poignant hit song *Memory*, an imaginative set, inspired choreography and stunning costumes, **Cats** is a brilliant song and dance spectacular not to be missed.

Term 2 will be a busy period for the Arts with many exciting performance opportunities made available for students.

The musical "Shrink" will be performed at the school in the week beginning 28th April with ticketing information and prices available after the Easter holidays. We have approximately 70 students involved in this year's production. Various groups of students have been busy making sets with Mr Robertson, painting sets with Ms Elvery and Ms Broome on weekends and the Year 11 Visual Arts class has just begun work with Ms Moritz. Once again the band will not disappoint the audience as Mr Stroud and his team have been working steadily rehearsing the large repertoire of songs necessary for the show. Weekends have been going well under the direction of Ms Hearn, Ms Elvery, Ms Pagliano, Ms Semit, Ms Ranisch, Ms Broome, Ms Gomes and Ms Taschke and we will have our first big rehearsal on Sunday, 5th April from 10 am – 4 pm. Costuming will be given out at this rehearsal and Ms Curtis, Ms Bernhagen, Ms Tranchida and Mrs Townshend have been busy helping with these costumes. Students will be given the opportunity to purchase a musical t-shirt in the next few weeks.

Students have also entered various Eisteddfods in Dance, Drama and Instrumental Music as well as continuing to support our primary schools by assisting them with their arts activities.

2009 has begun as a busy year for the Arts, and should continue to offer a variety of experiences to Rochedale students.

HEALTH MATTERS

MISSED IMMUNISATIONS

For any student who missed their immunisation they can contact the Brisbane City Council for dates and times of nearest clinic.

For more information:

- Contact 13 HEALTH (13 43 25 84)
- Visit Queensland Health's Immunisation website: www.health.qld.gov.au
- Visit the Immunise Australia website: www.immunise.health.gov.au
- Contact your doctor

STRICT GUIDELINES FOR MEDICINES IN SCHOOLS

Strict procedures have been developed by the Queensland Government regarding prescription and over-the-counter medication in schools. Our school is committed to working closely with parents and students who need to use medication at school but the following guidelines apply. All parents/caregivers must:

- notify our school in writing of a health condition requiring medication at school
- request in writing if school staff are to administer medication or assist in the management of a health condition
- notify our school in writing of any requests and/or guidelines from medical practitioners including potential side effects or adverse reactions.
- provide the medication in the original labelled container to the nominated staff member
- ensure the medication is not out of date and has an original pharmacy label with the students name, dosage and time to be taken
- notify our school in writing when a change of dosage is required. This instruction must be accompanied by a letter from a medical practitioner.
- Advise our school in writing and collect the medication when it is no longer required at school.

ROTARY YOUTH EXCHANGE

Medical Research Foundation. For bookings phone
0414 483 009 or pay at the door



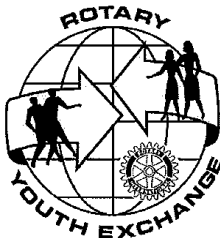
YEAR 12s.

- Are you interested in travel and want to visit exciting places overseas?
- Do you want to meet new people and explore different cultures?
- Do you want to develop your personal skills and learn more about yourself?
- Do you want a gap year in 2010?

In 2009, this Rotary District sent 14 students overseas for a year. We would like to send more young adults overseas in 2010.

If you answer 'YES' to any of these questions, then a ROTARY YOUTH EXCHANGE may be for you!

- More information is available from our web site at:- <http://yep.rotary9630.org>
- RYEP is the cheapest of the exchange programs
- Applications for 2010 close at the end of March
- If you are interested and would like more information, don't delay
- Please contact Chairman Joe Beath at joe.beath@aec.gov.au or phone 0431 464 719 OR Secretary Geoff at geoflore@bigpond.net.au or phone 0419 648 581.



UNIFORM SHOP NEWS

Uniform Shop trading hours are Monday and Wednesday
8.00 am – 11.00 am.

The winter uniform Order has now arrived and we have in stock fleecy jumpers, taslon jackets and pants.

We also sell fleecy royal blue scarves at \$14.00 which are very warm.

Our stock of fleecy track pants have been reduced to \$20.00 for a quick sale.

Also, some of the sizes of the junior girl blouses have been reduced to 2 for the price of one e.g. 8, 19, 18, 29, 22, 26, 28.

We can now offer credit card payments over the phone.

Marlene Protheroe
Uniform Convenor

COMMUNITY NEWS

MUSIC CONCERT FUNDRAISER IN SUPPORT OF THE LIONS MEDICAL RESEARCH FOUNDATION.

A music concert featuring the Brisbane Regional Youth Orchestra, St Stephens Cathedral Boys Choir, the Young Conservatorium Chorus and Warrigal Road State School will be held at Holy Trinity Anglican Church, 68 Hawthorne Street, Woolloongabba on SUNDAY MARCH 29 at 2.00 pm. Cost is \$8.00 including afternoon tea. Funds raised will support Brisbane Regional Youth Orchestra and the Lions

CALENDAR FOR THE YEAR 2009TERM 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
APRIL	13 EASTER MONDAY	14 EASTER	15 VACATION	16	17	18/19
APRIL Week 1	20 Pupil Free Day	21	22 ECP	23 WORK	24 Yr 11-12 ITS Excursion P 1-6 PLACEMENTS	25/26
APRIL/MAY Week 2	27	28 P&C	29 South District Summer Finals. MUSICAL	30 South District Cross-Country at Redeemer	1	2/3 Marburg Show
MAY Week 3	4 LABOUR DAY	5 SDCS Disc Due PN	6 Metro Finals Rnd 1. Mighty Minds, Pers 1-4. Winter Sports Nominations. ECOMAN	7 12 MPV & MAA Orienteering ECON	8	9/10 South District Cluster Day 3. Regional Chemistry Titration Competition
MAY Week 4	11	12 Year 9 NAPLAN	13 Year 9 NAPLAN	14 Year 9 NAPLAN	15	16/17
MAY Week 5	18	19 Maths Team Challenge (8.30 – 1.00 pm) P&C	20 South District Winter Sport Rnd 1.	21 Rio Tinto Big Science Competition	22 Maestro Covers 11 SOS to U.Q.	23/24
MAY/JUNE Week 6	25	26 PN	27	28 Met East Cluster 3	29	30/31
JUNE Week 7	1 Rochedale Challenge.	2 8C/H SOSE Excursion. Mighty Minds (Pers 1 – 4)	3	4	5	6/7
JUNE Week 8	8 QUEEN'S BIRTHDAY	9 Chicken Pox & HPV Immunisations. SDCS Disc 2 Due. PN	10 International Science Competition YR 11/12	11 INTERRUPTION	12 FREE	13/14
JUNE Week 9	15 YR 11/12	16 INTERRUPTION	17 FREE	18 YR 11/12	19 BLOCK	20/21
JUNE Week 10	22	23 EXAMS	24 No Sport	25	26 Athletics Day. Post Years 8/9/10 Reports and Interview Information.	27/28 Mudgeeraba Show
JUNE/JULY	29	30 WINTER	1 VACATION	2	3	4/5
JULY	6	7 WINTER	8 VACATION	9	10	11/12 Laidley Show

ROCHEDALE HIGH SCHOOL

CANTEEN MENU 2009

STAFF: CHERISE
MYLENE & ROBYN

HOURS OPEN 8AM - 2PM DAILY.

PHONE: 3340 0439

SANDWICHES		HOT FOOD		\$3.50		SNACKS &	
ON MULTIGRAIN		\$1.50		chicken gravy roll	A	ICECREAMS	
\$2.50		chicken fingers	A	pork riblett roll	A	20C - \$2.50	
egg & lettuce	A	mashed potato & gravy	A	hamburger	A		
chicken mayo	A	\$1.70		cheese burger	A	school approved	
cheese & salad	A	pizza rounda	A	crumbed chick burger	A	uno jellies .20c	A
ham, cheese tomato	A	dodstar	A	meatball sub	A	fruit jellies .30C	A
chicken avocado	A	mini dagwood	A	taco sub	A	dewberry tarts .50C	A
		small sausage roll	A	DRINKS \$1.00		choc slice .60C	A
\$3.00		chicko roll	A	popper 250 ml	A	mini muffins \$1.50	
chicken salad	A	corn jack	A	water 600ml	G	*chocolate	A
ham salad	A	\$2.00		\$1.60		*blueberry	A
salad roll	A	pizza scroll	A	breaker 250 ml	A		
		vegemite scroll	A	up & go	A	watermelon \$1.50	G
ROLLS		cheese spinach scroll	A	playwater	A	fruit salad \$2.50	G
\$3.50		\$2.20		classic juice	A	custard \$1.00	A
chicken salad	A	traveller pie beef	A	OKF	A	trifle \$2.00	A
ham salad	A	traveller pie chicken	A	LOL	A	frz yoghurt \$1.80	A
		large sausage roll	A	gatorade under 13's	A	billabong \$1.20	A
focaccia \$4.00	A	hot chips & gravy	A	TRIM 600ML	A	TNT sour tube .50c	A
with any filling		\$2.50		lipton ice tea \$1.80	A	lamingtons \$1.00	A
		hotdog & sauce	A	\$2.00			
panini \$4.00	A			playwater/ SPORTS	A		
half \$2.50	A	\$2.70		1L water	G		
		beef lasagne	A	\$2.80			
LAVASH \$1.50		pizza slab	A	500ML flav. Milk	A		
cheese salad	A	tortelini	A				
chicken salad	A	spiral pasta	A				
ham salad	A	\$2.80		VEGETARIAN			
		domino pizza (fridays)	A	vege burger \$3.50	A	IN HOUSE SPECIAL	
TOASTIES ON LAVASH				vege pie \$2.80	A	potato bake	A
cheese \$1.00	A	\$3.00		vege lasagne \$2.70	A	fish & chips	A
chicken cheese \$1.50	A	chicken chilli sub	A	hash browns (3) \$1.50	A	apricot chicken	A
ham cheese \$1.50	A	mini dagwood & chips	A	mac & cheese \$2.70	A	soup (winter)	A
TOASTED SANDWICHES		salad & meat	A	garlic bread \$1.00	A	1/4 chicken chips	A
cheese \$1.50	A					mango chick & rice	A
chicken cheese \$2.50	A					spaghetti bol	A
ham cheese \$2.50	A	garden salad \$2.50	G			pasta spirals (veg)	A

ROCHEDALE HIGH SCHOOL CANTEEN OPERATES TO THE GUIDE LINES OF HEALTHY CHOICE. ALL FOOD PREPARED AND BROUGHT IN IS EITHER AMBER (A) OR GREEN (G) THAT HAVE BEEN APPROVED BY THE HEALTHY CHOICES ACT FOR ALL QUEENSLAND SCHOOLS.