



The Rochedale

SENTINEL

Tuesday 31 October 2006

Number 13

FROM THE PRINCIPAL'S DESK

Awards Night: Last night we held an extremely successful Awards Night. I must commend our students on their participation in the evening and congratulate those Year 12 students who were involved in presentations. Our singers, dancers and members of our Concert Band are also to be congratulated for the quality entertainment they provided.

In addition, my congratulations go to all students who were recognised for their achievements. I trust that your recognition combined with the knowledge of the achievements of others will encourage you to continue to focus on your future.

A list of the major award winners and student leaders for 2007 is contained in this newsletter.

WINNERS OF SPECIAL AWARDS

Senior Student of the Year – **Vedkrita Sharma**
Junior Student of the Year – **Rhiannon Manganaro**
Yr 9 Academic Excellence Award – **Sarah Dorries**
Yr 8 Academic Excellence Award – **Deanne O'Callaghan**
Caltex All-Rounder Medal – **Amy Falwasser**
E.C. Greenup Shield – **Ashleigh Baumann**
Cameron Shield – **Vedkrita Sharma**
Australian Defence Force Leadership Awards –
 Yr 12 Kurt Hanlon
 Yr 11 Thomas Buckley
 Yr 10 David Levitt
Griffith University Humanities Medal – **Rudi Falkenbach**
Science, Mathematics & Technology Award – **Vedkrita Sharma**
Yr 8 Student of the Year – **Paige Ebersohn**
Yr 10 Rotary Student of the Year – **Emily Gudgeon**
Agricultural Science Award – **Corey Goodwin & Kimberley Quince**
Outstanding Community Contribution Award – **Michael McLaughlin**
Seniors Pathway Award – **Kurt Hanlon and Brendon Doughan**
Trainee of the Year – **Jessica Martin**
Alice Mills Sporting Excellence Shield – **Grace Leo**
Senior Sportswoman of the Year – **Kelly Jones**
Senior Sportsman of the Year – **Clyde Alley**
Junior Sportswoman of the Year – **Madelyn Ludwigen**
Junior Sportsman of the Year – **Matthew Coutlis**

Peter Peisker
A/Principal

SENIOR LEADERS 2007

Student Council:

Tiffany Fiechtner
Maitland Pavey
Elizabeth McIntosh
Karla Light

Student Management Team:

Angela Smith
Anthony Solomon
Kelly Churchill
Michael McLaughlin
Karlie Cicero
Laura McNab
Matthew Rentz
Ashton Frawley
Tracey McCrea
Catherine Kurth

House Captains:

Ben Boland – Jagara
Kelly Jones – Jagara

Beau Waerea – Yugumbeh
Tracey McCrea – Yugumbeh

Brady Cuell – Turrbal
Kalotia Sekona – Turrbal

Cultural Leaders:

Kelly Churchill
Katherine Levitt
Anthony Solomon
Catherine Kurth
Jessica Lang

Receive Sentinel by email

✂-----

If you wish to receive your newsletter by email, please complete this section and return it to the school office. Alternatively, send your details to our email address – postr2@eq.edu.au

Name of youngest student at school: _____ Year Level: _____

Your name _____

Your email address _____

(please print clearly)

Sentinel is emailed in PDF format and needs Acrobat Reader which can be downloaded FREE at www.adobe.com

FAMILIES MATTER

Families Matter – to us at Rochedale High – so please join us in Term IV.

When: Wednesday 15 November.

Where: In Staff Common Room

Time: 7.00 pm

No Cost -Tea & coffee available. Sorry no children.

Topic for Term IV is: Your young person and the law. Come and hear about the laws relating to Driving – Licence, loud vehicles; Alcohol/other substances; Party Info, excessive noise; gate crashers & damage; Legal Rights. Presenter is Senior Constable Debi Reeves, Upper Mt Gravatt Police and of course Students Services Team from Rochedale High. Debi has presented this information to Yr 11 & 12's in their Admin/Access session.

Following this session, Ms Bev Ness and Dr Adrian Kelly (U.Q) will host a short session showcasing the school's future PDP program designed to foster resilience in adolescents when faced with peer pressure to use harmful substances.

Please phone the Office on 33400 400 to register your attendance by Monday 13 November – 4 pm.

YEAR 12 GRADUATION

Our Year 12 students graduate in a formal ceremony from Rochedale State High School on Thursday 16 November. The evening starts informally at 6.30pm with light refreshments, with the formal proceedings to start at 7.00pm. Students will be receiving an invitation for themselves and their families next week. RSVP is due back by Thursday 9 November.

Any inquiries are to be directed to Mrs Moore HOD Senior Schooling

CONGRATULATIONS TO LIAM CAHILL (YR 11)

Liam has been successful in obtaining a school based apprenticeship as an Automotive Technician, with the Zupps Group of Companies for 2007. These apprenticeships with Zupps, are keenly sought after and highly prized. Being selected above so many other candidates is something to be very proud of and Rochedale State High School is certainly extremely proud of Liam's achievement.

Liam is being presented with a valuable opportunity to enter the workforce and learn a trade, while still being able to pursue his school studies. Well done Liam!

NEWS FROM THE CHAPLAIN

The Chaplaincy service has been in the school for seven years now, three years with Mick Emery and the last four years with myself.

It has been primarily funded by local Churches and the P & C. It started with a three day a week Chaplain, moving to four days a week when I took over and with support from the community grew to five days a week. But due to funding loss the Chaplaincy Service will return to a three day a week position unless I can raise funds for next year. This is where you can help.

Many students pass through my office seeking guidance,

friendship, help, or just a place to chill out and relax from their busy schedule. I have had many phone calls from parents thanking me for helping out their son or daughter. Some issues are easily dealt with, where other issues take time. Being able to be full time in the school is vital for student support.

The Chaplaincy service is a free service to your school. I work closely with the Student Services Support Team, and Administration. Together we form a support network for your teenager/s.

Things the Chaplaincy Service does in your school:

- Free breakfast program
- Lunch time games room
- Guest speakers / seminars
- Leadership programs
- Year 7 to year 8 support through TIP program
- Peer mediation support
- Pastoral care
- Hospital / home visits
- School holiday activities
- Community liaison
- Classroom support
- Boys groups
- At risk groups
- Admin support
- BBQ's

I am asking for your help. Attached to this newsletter is a support form for you to partner with the Chaplaincy Service. My aim is to get 100 people to sponsor \$10 a month through either a direct debit or credit card deduction. That's less than a cup of coffee a week. For all you mathematicians out there it equates to around \$2.31 a week or \$0.33 a day.

Please consider supporting the Chaplaincy Service and helping our young people.

**God Bless
Scott Weston**

GUIDANCE NEWS

Southbank Institute

Do your students need help with Maths, English, Spelling and Writing?

"Headstart Maths" is designed to give students a sound grounding in the pre-requisites for and to assist in coping with Year 11 Maths B.

"Headstart English" is designed to give students a sound grounding in the pre-requisites for Senior English level in Queensland. It will enhance the written (paragraph and essay) skills.

"The Mechanics of English Spelling" is designed to teach strategies for spelling success.

"Effective Writing Skills" will aid in turning ideas into fluent writing.

For further information and to obtain enrolment forms please contact Terry Holland, Commercial Business Coordinator Communication and General Education on 3244 5362.

HEALTH MATTERS

BREAST CANCER AWARENESS

Internationally October is recognised as Breast Cancer Month. Breast Cancer is the major cause of cancer death in Australian women accounting for 11,700 new cases of breast cancer and

2,600 deaths each year. Early detection is the best method for reducing deaths from breast cancer.

Fifteen per cent of all breast cancers are advanced at diagnosis. Women whose cancer is diagnosed when it is contained in the breast, have a 90% chance of surviving five years compared with 20% five-year survival when the cancer has spread at diagnosis.

Most Australian women will probably never develop breast cancer. But what a woman does after she finds a change in her breast could change her life. Finding breast cancer early increases the chances of effective treatment.

Look for any changes in the breast which are not normal for you, or which you have not seen before. You should visit a GP if you notice any of the following important changes:

- Lump, lumpiness or thickening: for younger women, if it is not related to the normal monthly cycle and remains after their period and for women of all ages, if this is a new change in one breast only.
- Changes to the nipple: such as a change in shape, crusting, a sore or ulcer, redness or drawing in of the nipple.
- Discharge from the nipple which occurs without squeezing.
- Changes in the skin of the breast: such as any puckering or dimpling of the skin, unusual redness or other colour change.
- Persistent unusual pain: which is not related to the normal monthly cycle, remains after their period and it occurs in one breast only.
- A change in the shape or size of a breast: this might be either an increase or a decrease in size.

Monthly self examinations are an essential part of early detection.

Reference: www.nbcf.org.au/index.asp
For Breastscreening information Ph:132050
Logan 32 756 777

Cheers
Colleen Hunter
School Health Nurse

POSITION VACANT

PERMANENT PART TIME

Applicants can apply for individual or both positions advertised

Uniform Convenor 2 days per week 6hrs in total Monday / Wednesday 8 am- 11am

Assistant Tuckshop Convenor – 2 days per week 12hrs in total Tuesday /

Thursday 7.30 am – 2pm

ROCHEDALE STATE HIGH

Blue Suitability Card required prior to employment.

Job description and selection criteria available from 22 October 2006 from

Administration/Reception

Rochedale State High School

Priestdale Rd

Rochedale QLD 4123

Applications closes 3pm Wednesday 8 November, 2006

P & C NEWS

The P & C Association would like to call a special meeting on Tuesday 21 November 2006 at 7.00 pm to appoint an auditor for the 2006 Financial Report.

Marlene Protheroe
Secretary

UNIFORM SHOP NEWS

Uniform Shop Trading Days & Hours for 2007

Special days have been organised for the Year 7 Students wishing to attend our High School in 2007. The hours for these days are as follows:

Saturday 20 January – 9.00 am to 1.00 pm
Monday 22 January to Thursday 25 January – 9.00 am to 12.00 pm
Mon 29 January to Friday 2 February – 8.00 am to 12.00 noon
Friday 26 January – closed for Australia Day

Normal trading hours apply after these dates, they are as follows:

Monday and Wednesday mornings from 8.00 am to 11.00 am

These times will apply for the remainder of 2006 with the last day of trading being Wednesday 13 December 2006.

If you have any further inquiries regarding the uniforms please telephone the convenor during normal trading hours on (07) 3340 0405.

Thank you

Uniform Convenor

COMMUNITY NEWS



RoadSmart
Driving School
Lancer - Manual
Air Con. - Power steering
Friendly Service ©

Cliff Matthews
Owner Operator
Accredited Driver Trainer
Member A.D.T.A (QLD)

3808 9757
0438 188 497

R.S.H.S. CHAPLAINCY SUPPORT

Request for Credit Card Deduction- Donations

I request you, Scripture Union Queensland, to arrange for funds to be debited from my nominated credit card account according to the schedule specified below.

Name:

Address:.....

Pcode:..... Phone:

Details of Credit Card

Type of Credit Card:

MasterCard Bankcard Visa Diners Club American Express

Name on

Card:

Credit Card No: _____ Expiry Date : __ / __

Details of Amount and Frequency

Please debit \$ from the above credit card :

Once only Monthly Quarterly Half Yearly Annually Other :

Please allocate my donations to :

ROCHEDALE STATE HIGH SCHOOL

I require my support to be Tax Deductible.

Please only acknowledge my regular donations annually.

Please make receipt in the name

of:

Signature:..... Date : __ / __ / __

R.S.H.S. CHAPLAINCY SUPPORT

Request for Direct Debit

I/We request you, Scripture Union Queensland (ID 057485), to arrange for funds to be debited from my/our nominated account at the financial institution shown below according to the schedule specified below.

Name/s:

Address:

Pcode : Phone :

Details of Financial Institution and Account

Name of Institution:

Name of Branch:

Name of Account:.....

BSB No : ___ - ___ Account No : _____

Details of Amount and Frequency

Commencing [immediately / on __ / __ / __] (delete one)

please debit \$..... from the above account each :

Month Quarter Half Year Year Other:

Please allocate my/our support to:ROCHEDALE STATE HIGH SCHOOL.....

I/we require my/our support to be Tax Deductible.

Please only acknowledge my/our regular donations annually.

Signature(s).....

(If debiting from a joint bank account, both signatures are required)

Date: __ / __ / __

A Direct Debit Agreement will be sent to you prior to the first drawing, being the 3rd Thursday of the month.

**Sportsmotion Skate Arena
Inline & Roller Skating Centre**



**Xmas & New Year
Vacation Care
Holiday Program**



11th Dec 06 - 26th Jan 07

Closed December 25th & 26th

Sessions Daily

10am - 3pm Mon to Fri

Group Bookings

Only \$6.00 Per Child + \$2.00 Skate Hire

Carers Skate FREE

Call and make a booking NOW!!!



**Sportsmotion Skate Arena
Centenary Rd Slacks Creek**

Phone:32085566

www.sportsmotionskatearena.com.au

