

FROM THE PRINCIPAL'S DESK

Staff Update: Rochedale High also welcomes Ms Christine Moore to our school in 2006. Christine has taken up the position of Head of Department – Senior Schooling and Technology. Her responsibility areas include School Based Apprenticeships and Traineeships, various aspect of Senior Schooling as well as management responsibility for Home Economics and Manual Arts.

The Keys to Success: I recently addressed the school assembly on one of our core values at Rochedale High – Success. Being successful does not usually happen by accident, more often it is the result of hard work and careful planning. In providing advice to students I asked them to consider the following:

- **Stop thinking 'if only'** – if only I had more money, if only I had different parents, if only I was taller, if only I was cleverer, if only I'd done more study. Take responsibility for yourself. Work with what you have. No-one else but you can turn your life into what you want it to be. Your teachers are here to help you all the way.
- **Set your own standards and live up to them.** You are your own hardest critic and while you may be able to fool your parents or your teachers you can never fool yourself. Success and happiness come from feeling good about yourself, enjoying the results of your efforts and having self-respect. That is why it is so important to be able to stand on your own feet and take pride in what you achieve.
- **Find enjoyment in your learning.** People who read widely, go to good movies, enjoy music, are interested in how the world works, are the people who make successful students. If you spend all day looking in the mirror, you won't learn very much at all. Develop your curiosity. Ask questions. Seek answers. That's what learning is all about. And the more you enjoy it, the more successful you will be.
- **Learn from criticism.** We all learn from our mistakes and from people who know more than we do ourselves. Seek feedback on your work. Welcome criticism. Ask for more details of what is wrong with your work and then find out how to make it right next time. You are not always going to be top. Nor are you always going to be bottom. Ignore the highs and lows and work on the in-betweens. A positive attitude towards criticism will help you improve your performance in the classroom just as it does on the sports field.

- **Intelligence takes time to develop.** Your brain grows the more it is used. Give yourself the time to master new ideas and new skills, knowing the more you practise the more you will improve. It's as simple as that.
- **Successful people set goals.** If you drift through life, then you have to take whatever fate chooses to hand you. If you work towards your goals, however, you take charge of your future.

In the end we are all responsible for our own success and should consider asking the question: "Is good enough really good enough for me?"

David McDonald
Principal

SCHOOL LEAVING AGE

The attention of parents/caregivers is drawn to laws passed by the Queensland Parliament in 2005 regarding the school leaving age. Below is a summary of the changes. These changes apply to all students currently in Year 10 and to all future cohorts of students.

Compulsory Schooling Requirement:

- The school leaving age is no longer 15 years of age
- It is compulsory for students to be in attendance at school:
 - until they complete Year 10 or
 - Turn 16 years of age

Compulsory Participation Phase: There is also a requirement that once a student has completed Year 10 or reached 16 years of age that they participate in education or training:

- For two years beyond Year 10 or turning 16; or
- Until they have gain a Senior Certificate; or
- Until they have gained a Certificate III qualification; or
- Until they turn 17.

Employment Exemption: The Compulsory Participation Phase does not apply to those who work for a minimum of 25 hours per week (full time work).

Implications: Any students wishing to leave school to participate in full time work/training prior to completing Year 10 or reaching the age of 16 years must, through their parents/caregivers make written application to the Principal who will then take action and provide advice, exemption or referral as per legislative requirements.

Compliance: Parents/Caregivers are responsible for ensuring young people attend school until they are legally able to leave.

YOUTH PATHWAYS

▶ ▶ ▶ ▶ Career Keys presents

Youth Pathways provides personalized assistance to meet the individual needs of young people aged 13–19 who have left school in the past 12 months and did not complete Year 12, or are at risk of leaving school before completing Year 12.

We provide ongoing support and encouragement whilst helping with

- ◆ planning and creating an individualised Pathways Plan
- ◆ confidence building
- ◆ problem solving
- ◆ referral to support services
- ◆ information & assistance regarding education, personal, social and training issues
- ◆ one to one and group work assistance

**Sharon Charter is the Youth Pathways Adviser for
Rochedale State High School and can be contacted on 0410
658 208 or 3274 4407.**

Students can also arrange appointments to see their Youth Pathway Adviser through the School Office.



*Parents are welcome to attend
the appointment, or can
contact Sharon directly on
0410 658 208 for further
information.*

"Where it's all about you!" Email: careerkeys@eq.edu.au
Website: careerkeys.com.au

AG SCIENCE NEWS

The farm is looking a lot more full and busier since the sheep have returned from their summer vacation. Thank you to Peter Russell and Colleen Goodwin for your assistance with the returning of the sheep. The new members of the show team are now being taught to handle and lead the sheep and cattle by the senior members of the Show Team.

The Ag Show Team is running a Pie Drive (pies supplied by Homestyle Bake). An order form is attached to this newsletter. Homestyle Bake also offers a 'Smart Choice' menu which fit into the amber category of the 'Smart Choices' Healthy Food and Drink Supply Strategy for Queensland Schools. This menu contains products that are lower in salt and fat than those items on the main order form. Nutritional information and ingredients for all products are available from Mrs Ellis in the Science Staffroom.

Orders and money need to be returned to Mrs Ellis in the Science staffroom by Wednesday 15th March. Pies can be collected from the Science block on 22nd March after 3pm. Fundraising profits are used to buy feed for the animals and pay entry fees for the animals at the various Ag Shows that we attend.

UNIFORM NEWS

New trading hours from 30 January 2006 are as follows: Monday and Wednesday 8.00 – 11.00 am.

Second Hand Uniform Procedure

We have a register in which you leave your name, phone number, a list of items and prices you are asking. (You keep the items at home). People will contact you and make arrangements with you if they are interested as I do not have the space to hold second hand uniforms at school.

If you wish to **donate** uniforms, please do so at the office any time.

**A Wright
(Uniform Convenor)**

Upcoming Events

- 21/02/06 Yr 8 & New Students BBQ
P & C Meeting
- 22/02/06 Summer Sport Wk 3
- 24/02/06 Active Aust. Sport Cluster
- 27/02/06 School Photos
- 01/03/06 Summer Sport Wk 4
- 03/03/06 Senior Leader Induction

COMMUNITY NEWS

AUSTRALIAN ACTING ACADEMY

Has your Child got a Flair for the Dramatics or Just Loves Acting?

Acting classes give your child a safe and supportive outlet for their creative energy and enhance their confidence, clear speaking and imagination . . . Plus they're loads of fun.

Call the Australian Acting Academy on

**1300 ACTING
1300228 464**

**for classes in your area enrolling for
8-12 and 13-17 year olds**

OUR GUARANTEE

After the first 9 weeks of classes your child will be able to demonstrate increased acting knowledge, improved confidence and greater performance skills! If not, we will refund the ENTIRE fees paid PLUS give your child an acting workshop for **FREE!**

Expect the Best:

- ★ **Contemporary program updated every year**
- ★ **Enthusiastic, caring and qualified instructors**
- ★ **Capped class numbers**
- ★ **Convenient locations**

WANTING TO GET BACK TO WORK?

We can help you **FREE** of charge with accredited training – Certificate II in Children's Services or Business Administration

The Moving Forward Program And Work Readiness Program

Offering support, job search/application's, resume and interview skills.

These programs are an Employment Assistance Program for Parents & Carers with children between 5 and 15 years age and/or long termed unemployed at

Kingston East Neighbourhood Group Inc

117 Meakin Road, Slacks Creek 4127
Phone: 3808 1684 Fax: 3209 4271
Email: admin@keng.org.au

Free child care is available for children between 0 & 5 years

*Funded by the Queensland Government's Breaking the
Unemployment Cycle Initiative*

Ag Science Show Team
Homestyle Bake Fundraising
Money & Orders due to Science Staffroom – Wednesday 15/03/06
Collection of Orders – Wednesday 22/03/06 after 3.00pm from Science Block

Student Name & Care Class: _____

Make Cheques Payable to Rochedale State High School

	PRODUCT	PRICE	No.	No.	No.	No.	No.
EASTER	Hot Cross Buns with Fruit pk 6	\$3.50					
	Hot Cross Buns without Fruit pk6	\$3.45					
	Caramel Fudge (150g pk)	\$3.85					
	Chocolate Covered Ginger (150g pk)	\$5.80					
	Mini Chocolate Easter Eggs pk 24	\$4.80					
	Cadbury's Favourites (95g Box)	\$6.25					
	Gourmet Jelly Beans (45g Box)	\$2.80					
	Gingerbread Men pk 4	\$5.10					
SMART CHOICE	Family Beef Pie (reduced fat and salt)	\$5.20					
	Family Mushroom Pie (reduced fat and salt)	\$5.20					
	Kool Skool Pies pk 4 (reduced fat and salt)	\$7.55					
	Kool Skool Sausage Rolls pk 4 (reduced fat and salt)	\$5.30					
	Strawberry Bar Cake (reduced fat and increased fibre)	\$5.30					
	Apple & Custard Bar Cake (reduced fat and increased fibre)	\$5.30					
	Blueberry Muffins pk 4 (reduced fat)	\$7.60					
FAMILY SAVOURY PIES	Family Beef (600g)	\$4.60					
	Family Beef & Bacon (600g)	\$4.60					
	Family Beef & Mushroom (600g)	\$4.60					
	Family Lamb & Rosemary (600g)	\$5.15					
	Family Chicken & Vegetable (600g)	\$5.15					
	Shepherd's Pie (750g)	\$5.15					
	Steak Dianne (750g)	\$5.15					
MEALS FOR ONE	Beef Pie (170g ea) pk4	\$6.55					
	Mushie Pea Pie (180g ea) pk4	\$6.90					
	Cheese & Bacon Potato Topped Pies (240g ea) pk4	\$6.90					
	Quiche (150g ea) pk4	\$6.90					
	Sausage Rolls (90g ea) pk4	\$4.95					
	Cheese & Spinach Rolls (190g) pk4	\$7.75					
	Lunchbox Lasagne (200g ea) per 4	\$8.60					
SWEET SELECTION	Family Apple Pie (550g)	\$4.60					
	Family Blueberry & Apple Pie (550g)	\$4.60					
	Cherry Slice pk4	\$5.35					
	Caramel Slice pk4	\$5.35					
	Rich Chocolate Cake (350g)	\$4.80					
	Carrot & Walnut Cake (350g)	\$4.80					
	Chocolate Lamingtons pk6	\$4.10					
	Raspberry Lamingtons pk6	\$4.10					
	Rocky Road (300g)	\$5.60					