



## The Rochedale

# SENTINEL

Tuesday 26 May 2009

Number 6

### FROM THE PRINCIPAL'S DESK

Whilst the last fortnight has highlighted a number of important events for the future of the school such as the Open Day and National Testing, this next month is very important for individual students.

We would like to congratulate our year 9 students on their application during the recent **NAPLAN tests**. For three days the students worked diligently and the whole school is proud of their collective effort. We would also like to thank the staff for thoroughly preparing them for the Writing, Reading, Grammar, Spelling and Numeracy papers.

Congratulations should also go to the ten Sports teams that reached the **Summer District Finals** in Touch football, Basketball, Volleyball, Squash and Softball. Of these teams five were successful in becoming District Premiers and three teams have continued on to the Metropolitan Finals. This week the Year 8 Girls Basketball team has reached the Metro Grand-final at Cornubia and the Open Girls Touch football and Yr 8 Boys Volleyball Teams are into the Semi finals. We wish good luck to all teams and coaches.

In the recent rounds of State titles for Schools, Rochedale High has had representatives in a variety of sports and two students Yr 9 Grant Flavel (U15 Volleyball) and Yr 12 Stevie-Lee Thompson (Open Touch Football) have been selected in **Queensland Teams** for the National titles.

**Winter Competition** begins this week and sports like Netball, Rugby League, Australian Rules, Soccer, Basketball and Volleyball should offer great opportunities to demonstrate our sportsmanship and school spirit.

Rochedale High's **Open Day** and Evening was held last week and was an outstanding success. During the day over 220 Yr 7s and their parents attended whilst over 250 people took the opportunity to see the Subject displays, musical entertainment and presentation on the evening. On the first day over 120 enrolment appointments were made and we encourage parents with siblings of present students and Yr 7s from our local feeder schools to make contact with the school office to book an appointment.

Last week four of our senior students represented the school at the **Global Leadership Convention** at the Sleeman Sports Centre, Chandler. Rachel Rose, Nickala Elin, Ashlyn Lal and Charlotte Bruggaier contributed to a successful day and gained skills that will be valuable for our school community this year.

Tuesday 26 May is also the monthly **P & C meeting** at 7.00 pm in the Staff Common Room. The P & C has successfully filled all executive positions for 2009 and they look forward to another productive year.

Tuesday 2 June is the Parent Information night for the mid year **Snowy Mountains Ski trip**. This year will be our largest ever ski tour with 61 senior students and teachers skiing Perisher Blue Resort in New South Wales.

The next major school event is **the Rochedale Challenge** on Monday 1 June. The challenge day involves Yr 5 teams from all local feeder schools who complete both physical and mental challenges for the coveted "Rochedale Shield".

The next month will also mark an important period of **assessment and reporting**. The interruption free time for Yr 11/12s is from June 10-17, the Senior exam block will run from June 18-24 and the last day of term, Friday 26 June is the annual Athletics Day. Year 8, 9 and 10 Reports will be posted on 26 June 2009 and Yr 11 and 12 Reports will be posted on 24 July 2009.

Included at the end of this Newsletter is the latest information with regards to **Human Swine Flu** from the Queensland Health. I have included it for your information.

**Peter Peisker**  
A/Principal

#### Receive Sentinel by email

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If you wish to receive your newsletter by email, please complete this section and return it to the school office. Alternatively, send your details to our email address – [postr2@eq.edu.au](mailto:postr2@eq.edu.au)

Name of youngest student at school: \_\_\_\_\_ Year Level: \_\_\_\_\_

Your name \_\_\_\_\_

Your email address \_\_\_\_\_  
(please print clearly)

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## NEWS FROM PERFORMING ARTS



Another busy term for Performing Arts with Musical, Performing Arts Challenge, Beenleigh Eisteddfod, Combined Schools' Band and Music Maestro happening.

"Shrink" premiered on Wednesday, 29<sup>th</sup> April to a sold out audience with another sold out show on the Friday night. Audience members commented on the energy, enthusiasm and extraordinary talents of our fine young artists. As is tradition at Rochedale State High, our performing arts teachers wrote this year's musical for students to showcase their acting, singing and dancing talents. "Shrink" told the story of a rebellious teenager who visits a psychiatrist and reveals many secrets about his quirky family. Year 8 students and year 5 students from Rochedale State School were treated to performances during the week as well.

Congratulations to all students involved and a big thank you to teachers and community members who helped with this event. Listed below are the winners of various awards with students receiving a prize on our Annual Cultural Awards later in the year.

Five days later, the dance department began work on rehearsal for our first entry into the Brisbane Performing Arts Challenge held at the Logan Entertainment Centre in early June. Students auditioned and were selected based on their talent, determination and skill within the dance department. They have been rehearsing regularly and stayed back on Open Day to entertain other students with their performances.

Some of our instrumental students are competing in the Beenleigh Eisteddfod in early June. Rachel, Renae, Kim and Shani are competing in the woodwind quartet and Kim, Shani, and Renae are competing in the woodwind trio. We wish them all the best as we know these year 12s are already busy with their studies as well as being integral members of this year's arts leadership team.

Combined Schools' Band, Rhapsody 4 began last Wednesday with students from Rochedale State School, Rochedale South State School and Eight Mile Plains State School. Students from the primary schools are nominated because of their talent in instrumental music. They come up to the high school on different days throughout the year to rehearse with our students in a community band. This band under the directorship of Mr Bryan Pearson has been very successful in band competitions. The band will also tour local primary schools later in the year.

Our first of three Music Maestros is being held on Friday, 29<sup>th</sup> May in the Performing Arts block. There will be singers and rock bands from year 8 to 12 and entry is a gold coin donation. Come along and be amazed by the extraordinary talent we have here at Rochedale High School.

Musical Awards	
Best Actor Year 8	Balint Josza
Best Actor Year 9	Rebecca Price
Best Actor Year 10	Andrew Gore
Best Actor Year 11	Paige Ebersohn
Best Actor Year 12	Natasha Allnatt
Best Dancer Year 8	Kim Smit
Best Dancer Year 9	Emma Sweet
Best Dancer Year 10	Josh Mulheran
Best Dancer Year 11	Ashlin Milne
Best Dancer Year 12	Rachel Boland
Best Scene	The Drama Class
Best Dance	Cats
Comedian	Michael Budge
Special Moment	Tea party scene – Andrew Gore, Sophie Smith and Natasha Allnatt
Progress in the Arts	Josh Sopher
Progress in the Arts	Kat Krysko
Progress in the Arts	Mikayla Moore
Progress in the Arts	Hansa Rubasinghe
Best Singer Year 8	Balint Josza
Best Singer Year 9	Rebecca Price
Best Singer Year 10	Josh Mulheran
Best Singer Year 11	Kaysa McNaught
Best Singer Year 12	Nicole Kay
Best Instrumentalist	Rachael Solomon
Best Backstage	Robert Klanke
Best Construction Member	Jack Dye Josh Haywood



## MATHS NEWS

### CHESS

On Friday 15 May two chess teams participated at Macgregor State School in the Brisbane South Regional Chess Competition.

Team 1 which consisted of Rachael Solomon, Bradley Lightfoot and Jordan Ma performed very well on the day to come in 5<sup>th</sup> position. The other team of Rommel Lapuz, Joshua Mulheran, Balint Jozsa and Chris Jones came in 10<sup>th</sup> place.

The outstanding individual performance on the day was Rachael Solomon who won 4 matches and only lost one match to come in equal third place.

Everyone performed well on the day and enjoyed themselves immensely.

**Mrs G Wisseman**

## **MATHS TEAM CHALLENGE**

On Wednesday 20 May, four teams of students competed in a district Maths Competition at Hilliard State School. Over 700 students attended the morning and even though we did not gain a place, everyone enjoyed the challenge.

The students involved on the day were

Yr 8 Team	Harrison Vogler, Jesse Gramenz, Luke Sopher, Stratos Stainton-Baty and Christopher Higgins
Yr 9 Team	Elaine Chow, Conor McNaught, Jessie Wilson, Emma Jackson
Yr 10 Team	Joshua Mills, Christopher Na, Joyce Chng, Sam McClary, Joshua Mulheran
Yr 11 Team	Paige Ebersohn, Tiana-Lee Hosking
Yr 12 Team	Andrew McLaughlin, Craig Stewart, Sarah Dorries.

Congratulations to all competitors.

### **Sample Questions:**

<b>Yr 8</b>	What is the sum of the first five prime numbers?
<b>Junior</b>	What is the size of the acute angle between the hands of a clock at 2.20 pm?

## **SCIENCE NEWS**

### **SCIENCE ON SATURDAY!**

Science on Saturday is a fun, hands-on program for children aged 7 to 14. Each week there will be a new 1½ hour session of awesome science; come to one, or come to all six! Children who attend all six sessions get a cool magazine (*The Helix* or *Scientriffic*) to take home. Check out these fabulous topics:

**Whodunnit? (30/05/09):** Put your detective hat on as you enter the field of forensics to solve a crime. Examine evidence such as fingerprints, blood groups and handwriting to help find the culprit.

**Geology Rocks! (06/06/09):** Investigate the rock cycle, geological time and mining processes. Look at raw materials and see where they are used at home.

**Awesome Agriculture (13/06/09):** How do plants and animals grow? How do we get rid of pests and diseases? Come along and look at the agricultural diversity of Queensland.

**Cost:** \$6 per child per session if paying in advance (\$9 if paying on the day)

**Times:** 10.00 am – 11.30 am for 7-10 year olds (*children under 10 must be accompanied by an adult*)  
12.30 pm – 2.00 pm for 11-14 year olds

**Venue:** Wellington Point SHS, Badgen Road, Wellington Point.

Sessions are limited to 25 children so bookings are essential! For more information and bookings:

[www.csiro.au/SOS](http://www.csiro.au/SOS)

or

call **1300 302 649** during business hours and quote your location, your child's name and age, and which activities you would like to book.

## **YEAR 12 WORK SKILLS EXCURSION**

The National Careers and Employment Expo was the place to be Friday 8<sup>th</sup> May as Year 12 Work Skills students hit the Convention Centre dressed as if they were attending an interview for their potential future career. Brendon Wylie, Tyrone Randall, Catelin Pfuhl and George Fish attended the day after organising and preparing for the day in the weeks leading up to the event. These students, along with Nicholas Fortune (who was unfortunately sick on the day) completed all the excursion paperwork, wrote letters of application to the Principal, researched all the exhibitors and created a plan of attack for obtaining the relevant information they needed. In addition, the students rehearsed positive, assertive communication skills in order to speak to industry professionals regarding relevant career information and they came dressed for success, practicing neat and tidy personal appearance.

Brendon “the panel beater” received advice from experienced tradesmen and explored other options that the Air Force had to offer.



Catelin Pfuhl and Ms Light tried their hand at Graphic Art, with “interesting” results (see above). Catelin also was able to research a variety of career options including her “dream job” in childcare.

George was a star in a photo at the Bike stand and tried his hand at laying floor coverings and even bricklaying on the day!



Together these developments enhance the overall environment of the Resource Centre, not just for class activities but for the students who come to the Resource Centre before school and during lunch.

## GUIDANCE NEWS

### PREPARING FOR, AND UNDERSTANDING THE ADOLESCENT IN YOUR HOUSE

Anyone who has a child will one day have an adolescent and for some parents with good memories this might be a little scary. The best advice for parents of adolescents, you will be surprised to know, is the same for parents of newborns:

#### **Enjoy your child! Love your child!**

This time in a child (and parent's) life is about change and discovery. The reality is that despite the challenges, most adolescents thrive and survive the teen years while managing to maintain a healthy relationship with their families. As kids grow they gradually demand more independence, and parents must **gradually** grant it. Even as adolescents pursue independence and want to spend more time with their peers they still want to know they have mum and/or dad there for them, as well as a safe home base to retreat to. When kids feel connected to their parent/s, they are less likely to partake in risky behaviours, and more likely to emerge healthier and more secure.

Here are 5 keys to raising teens:

- Love and connect with them – these 2 factors need to be practiced from birth, but while they change don't let your love for them change
- Monitor and Observe – know where they are, what they are doing, who they are with (early practice of this makes it easier to perform)
- Guide but limit – loosen up when you know they are ready for it but don't let go
- Model and Consult – talk to them, ask their advice, include them, help them through tough times by showing them how to problem solve
- Provide assistance and Advocate – although they want to be independent in many respects they also need you to help them to reach their goals.

*Remember: Parents are the most important adult in adolescents' lives, Adolescents crave their parent's love, respect, dependability and guidance. By being there for your child he/she will have a greater chance of becoming a physically, mentally, and emotionally healthy adult AND your good example will live on when they have their children.*

Adapted from 'Healthy Teens, Body and Soul, A Parent's Complete Guide' by Marks, A & Rothbart, B. 2003.

### UNI QLD ENHANCED STUDIES PROGRAM

#### **What is the Enhanced Studies Program?**

The UQ Enhanced Studies Program (ESP) provides high achieving secondary school students with an opportunity to extend their studies in an area of interest and to 'test drive' university life. Students accepted into the program can study one course in Semester One of Year 12.

#### **What courses are available?**

There is a broad range of UQ courses on offer at the St Lucia, Ipswich and Gatton campuses as well as a section of courses offered via distance. Study areas include mathematics, history, philosophy, environmental science, economics, journalism, accounting, business, psychology, law, languages, literature and political science.

#### **Why get involved?**

The ESP is a great way to find out more about what university study is really like. You will also have an opportunity to get to know UQ students and staff and find out more about your future study options. ESP students have full access to all of



Tyrone enjoyed our lunch at Southbank the most, but was also able to see a variety of careers in Hospitality in action at the 'Try a Trade' section of the expo.

All students were exemplary in their conduct and attitude during the day, which included getting to and from the venue via public transport. It was a pleasure accompanying them on this most valuable experience. It is hoped that the students are much better informed regarding potential career choices in the future and now have a positive career direction to pursue.

Mr S Cash

## RESOURCE CENTRE NEWS

Our school Resource Centre continues to develop in 2009 thanks to our successful application for a Building the Education Revolution Grant. With this, we plan to replace our existing shelving and front desk with a more modern arrangement in keeping with the 21<sup>st</sup> century. These changes support the improvements already started.

Our School Development Fund has provided a multi media section with 10 computers, data show, TV, DVD and research area so students may access all media in their research. As well, teachers using this space can incorporate these in their teaching.

UQ's services and facilities including the library, Student Services, and UQ Sport. ESP students who successfully complete the program will be eligible to receive one bonus point towards their university entry rank through UQ's **Bonus Rank Scheme**. The majority of ESP students who later enrol in a relevant UQ degree, also receive credit for their completed course.

#### How to apply?

Information packs and application forms are available from your school Guidance Officer or online at [www.uq.edu.au/guidance/esp](http://www.uq.edu.au/guidance/esp) from Term 3. Applications for the 2010 program are due Friday 23 October 2009.

#### Want more information?

For more information please contact the UQ Student Recruitment Team on (07) 3346 9649 or email [esp@uq.edu.au](mailto:esp@uq.edu.au)

### UQ INFORMATION EVENING FOR PARENTS AND PROSPECTIVE STUDENTS

**UQ St Lucia**  
**Wednesday 10 June**  
**UQ Centre, Building 27A, St Lucia Campus (free undercover parking)**

Building on the success of last year's event, the Student Recruitment Team is excited to advise that we will once again be hosting an information evening for parents and prospective students in 2009. At the event, parents and students will be able to find out more about the application process for tertiary education, programs and study options at UQ, student services, scholarships and campus life. Representatives from all of our faculties and key divisions, such as admissions, residential colleges and scholarships, will all be on hand to answer any questions your students and their families may have.

### HEALTH MATTERS

This is the second in Healthy Heart Information

Quick facts on heart disease

- Australian women are four times more likely to die of heart disease than breast cancer.
- Heart disease kills one in six Australians each year and one Australian dies almost every 20 minutes from the disease.
- Only one in four women had spoken to their doctor about heart disease.
- Heart disease is one of the leading causes of disability in Australia.
- Stroke, another form of cardiovascular disease, is the second biggest killer of Australian women.
- Cardiovascular disease is expected to affect one in four Australians by 2051.

Know your levels especially your blood pressure and blood fat levels.

#### Blood pressure

High blood pressure is a major risk factor for heart disease. High blood pressure rarely gives warning signs and can be a silent killer. Blood pressure is the pressure of the blood in your arteries as it is pumped around the body by the heart. Doctors are now detecting high blood pressure earlier and treating it more effectively than before, which is why it is important for you to have your blood pressure regularly checked by your doctor.

#### Blood cholesterol and blood triglycerides

Blood cholesterol and blood triglycerides are fatty substances found in the blood. They are often referred to as blood fats or 'blood lipids'. High blood cholesterol is a major risk factor for heart disease as it can gradually clog the blood vessels supplying the heart and other parts of the body. This can reduce the blood flow to the heart and lead to a heart attack.

Regular blood lipid testing is recommended for all adults aged 45 years or older. Testing is also recommended for adults younger than 45 years old who have other risk factors for heart disease such as a strong family history, high blood pressure or being a smoker.

So make that appointment at the doctors and get your levels checked.

**Colleen Hunter**  
School Health Nurse

### NEWS FROM THE CHAPLAIN

#### SU QLD Upcoming Camps

**Footy Camp** - Grades 8-10 (boys)  
*Mon. 29th June to Fri. 3rd July 2009*  
\$195 GST free (incl transport)

**Where:** Teen Missions Campsite, Tewantin  
**Director:** David Allen & Troy Wilson  
**Enquiries:** Troy: 0413 746 755, [twils221@eq.edu.au](mailto:twils221@eq.edu.au)

So you love your footy? Well do we have something special for you! Check out our first ever camp all about rugby league, challenging your fitness, skills and tactical preparation for the game. There will be some training, there will be inspiration and nutrition and maybe even a former world class NRL referee! Amongst all the boots and strapping and tackle pads, we will find time for laughs, great food, new friends and faith discussions about things much bigger and better than sport.

**Winter SMADD** - Grades 8 - 12 (Co-ed)  
*Mon. 29th June to Sat. 4th July 2009*  
\$255 GST free (plus transport)

**Where:** PCYC Camp Bornhoffen, Numinbah Valley  
**Director:** John Gynther  
**Enquiries:** John: 0418 778 026, [wintersmadd@suqld.org.au](mailto:wintersmadd@suqld.org.au)

Hear ye, hear ye, Ye Olde Smadd(e) Camp(e) is calling out to all Singing, Musical, Artistic, Dancing or Dramatic fair maidens and dashing gentlemen to come on a medieval adventure! Smadd camp will be a week full of honing your skills in Song, Music, Art, Dance or Drama plus trying something new like maybe playing the drums, creating a beautiful painting, having a go at Theatre Sports or learning a latin dance! And we'll be finding out how God can be involved in the journey we call "Life"! Apply now, places are limited!

**ÜberTweak – Winter** - Grades 8 -12 (Co-ed)  
*Sun. 28th June to Fri. 3rd July 2009*  
\$210 GST free (includes transport)

**Where:** Windaroo Valley State High School  
**Director:** Douglas & Chloe Catchpole  
**Enquiries:** Douglas: 0402 499 878  
**Email:** [winter@ubertweak.org.au](mailto:winter@ubertweak.org.au) **Web:** [www.ubertweak.org.au](http://www.ubertweak.org.au)

Love technology? Want to know how to make games, movies and music? Come to ÜberTweak Winter and explore what living in this digital age means. Find out where God fits into the world of iPods, Blu-ray and Twitter. Spend a week playing, challenging and discovering with a horde of great people.



Don't want to waste your Schoolies Week doing things you'll regret later? Why not register for a SU-Schoolies event? **New Zealand, The Whitsundays, Tonga or Sunshine Coast**



SU Schoolies started so there was an option to the usual Gold and Sunny Coast scenes. High Energy plus experiences of a life time is the key. Our events are fully supervised (but not to cramp the style of a Schoolie) with young and energetic leaders; this provides parents and schoolies with the assurance of a stress/hassle free Schoolies. Check out <http://www.su-schoolies.com/2009> and see which one sounds like you and your friends.

## Complaining?

Do you know someone who complains a lot? (A parent, partner, spouse, friend, or *yourself*?)



"The alarm didn't go off, my car wouldn't start, missed the bus, my back's aching, haven't had a raise in two years ..."

Yesterday, my friend played me an MP3 of a comedian who talks about this. He says that we live in the most technologically advanced age in society, yet we generally find it easy to complain about things. An example; we may ask our friend how their plane flight was. In response they say, "It was terrible! We had to wait in line at the check-in for 20 mins. Then the plane was delayed by a further 25 mins! And then

the in-flight entertainment didn't even work!" Ahh, hate to say, but have you thought how amazing it is that you can fly!?!? You sat in a seat in the **sky**...!!

We can all fall into the routine of life: *school, work, family, sport, school, work, family, ...* and forget the good things that we have. A sentence from the Bible stood out to me the other day (1 Timothy 6:6), which talked about how true contentment is great gain. I think that too often, we can run at a pace that prevents us from seeing the blessings, or good things, that we have all around us, like \_\_\_\_\_ (your turn to fill in the gap). Why don't you take a moment now to be grateful?

If you have any questions or anything you would like prayer for, please feel free to contact me.

**Adam Gallagher**  
Chaplain (Mon, Wed, Fri)  
3340 0406

## COMMUNITY NEWS

### MT GRAVATT BLUE LIGHT DISCO

"Mt Gravatt Blue Light" is holding its next dance on Friday 5 June at 7.00 pm in the Sunnybank State High School Assembly Hall, Gager Street, Sunnybank. The dance is for children strictly between the ages of 7 and 14 and is between 7.00 pm and 9.30 pm. There are lucky door prizes handed out during the night. This even is fully supervised by police officers and blue card holders. Cost of entry is \$5.

### CERT III IN EDUCATION SUPPORT TEACHER AIDE 3061QLD

**Do you want to work school hours? Help children to learn? Gain valuable skills and knowledge?**

Career Keys will be delivering Certificate III in Education Support (Teacher Aide) 30613QLD, commencing July 2009. This Nationally Recognised Course runs for 20 weeks part-time, 5 days per fortnight. Visit our Web: [www.careerkeys.com.au](http://www.careerkeys.com.au) and download the enrolment pack, phone Career Keys on 3200 2700 or email [training@careerkeys.com.au](mailto:training@careerkeys.com.au). We are taking enrolments now, so don't miss out. Limited numbers.

# HEALTH WARNING FOR QUEENSLAND SCHOOLS

## Arrangements for schools regarding Influenza H1N1 (Human Swine Flu)

Dear Parent/Carer

As you may be aware, a decision has been made at a national level to introduce a range of additional measures to reduce the spread of Influenza H1N1 09 (Human Swine Flu). These measures are a response to the fact that Australia has moved from the Pandemic Influenza phase **Delay** to the current phase **Contain**. The key Government objective of the **Contain** phase is to limit the spread of the virus.

### Students returning from overseas

Among these measures is an agreement that all States and Territories **move to excluding, for a seven-day period**, school students from schools that are returning or arriving from the following overseas countries: Mexico, United States of America, Canada, Panama and Japan. This list can be found on the Department of Health and Ageing website: [www.healthemergency.gov.au](http://www.healthemergency.gov.au) and is reviewed regularly in light of the current situation. In Queensland we are referring to this period as a seven-day timeout period.

The seven-day timeout period allows time for the illness to appear if the student has acquired the illness. The seven-day timeout period is only considered at this stage necessary for primary and secondary schools. This is because outbreaks overseas have only been reported in school settings to date.

If you have a child who has returned or is to return from one of the affected areas, could you please advise the school and ensure that your child remains at home for seven days even if they do not have symptoms. The seven days includes weekends and public holidays. If your child becomes unwell, please seek immediate medical advice from your general practitioner.

This seven-day timeout period from school following travel in a country of concern will aid in slowing the spread of the disease and limit the possibility of school closure due to an outbreak in the school.

### Event of school closure

In the event of a confirmed case of Influenza H1N1 (Human Swine Flu) in a student attending your school, the school will be closed for up to seven days.

During a school closure – or if your child is involved in a seven-day timeout period – every attempt will be made to provide schoolwork. This may be placed on the school website, emailed or mailed home. Parents and students will be asked to remain connected to school via the internet and to keep in contact with teachers through email where possible. There will however be no school supervision provided to children on the seven-day timeout.

Parents can assist schools to manage the current situation in the following ways:

- Provide the school with current contact details including current address, telephone number, mobile phone number and email address and any other information you may consider to be relevant.
- Continue to follow standard good hygiene practices such as covering nose and mouth if sneezing or coughing and regular hand-washing.
- Be diligent in observing your family's health and seek medical assistance where uncertain.
- Ensure children avoid major gatherings e.g. sporting events and shopping centres during the seven-day timeout period or school closure.

Queensland Health continues to closely monitor this situation and should it change, the school community will be advised immediately. Please stay informed by paying attention to media reports. Updates will be available on the Department of Education and Training website as [www.det.qld.gov.au](http://www.det.qld.gov.au) and your school's website (insert URL).

If you have any questions about symptoms or illness you can call 13HEALTH (13432584) 24 hours a day, seven days a week or contact your regular health practitioner.

For other information please contact the School Principal.

Yours sincerely

**Peter Peisker**  
A/Principal